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Maastricht UMC + upscales the use of telemonitoring in heart failure

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In connection with the corona pandemic, heart failure

patients are expressly asked to use an e-health tool. To prevent care for vulnerable patients from being jeopardized by the outbreak of the new corona virus Covid19, Maastricht UMC + offers all heart failure patients who have been discharged from the hospital or for whom the outpatient appointment had to be canceled, with immediate remote monitoring. This is done by means of an e-health tool: the SanaCoach Heart Failure (also known as 'Molly'). This e-coach has also been extended with corona calling advice. Patients can now complete a questionnaire at home if they have complaints that may indicate coronavirus infection.

All heart failure patients who are discharged from Maastricht UMC + or who can no longer go to the outpatient clinic due to the risk of infection, are connected to the SanaCoach, an e-health application with which patients are remotely supervised and supported by employees of Maastricht UMC + via telemonitoring. The patients are not only monitored, they also receive information about the disease, possible treatments and advice for lifestyle adjustments through built-in knowledge modules. The e-coach is not new to Maastricht UMC +. Heart failure patients have been successfully guided and supported remotely in this way for years. Patients can now also register for this e-coach at the invitation of the healthcare professional. Until now, this has been done by the healthcare professional. "



"Molly" offers a solution for teleguidance

Maastricht UMC + therefore urgently appeals to all patients to actually use e-health and to no longer regard this as advice without obligation.

Corona calling advice

Due to the corona pandemic, the e-coach for heart failure **patients** , which Maastricht UMC + developed together with e-health pioneer Sananet, has been extended with corona calling advice. Patients with complaints that indicate a possible infection with the coronavirus can now fill in a questionnaire online. An algorithm behind these questions leads to tailor-made advice and advises the patient to contact a medical professional if necessary.

Questions from patients on this subject can be asked via the following email address: j.boyne@mumc.nl

In connection with the corona pandemic, heart failure patients are expressly asked to use the e-health tool

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